

Transition Courses in Staffordshire



This course aims to help young people with disabilities with their transition to adulthood and to develop their much needed independence skills.

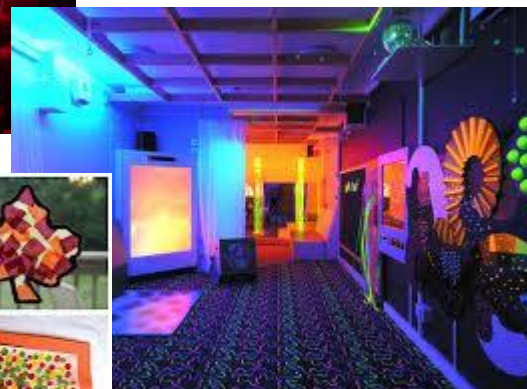
Located in Tamworth and Lichfield!

The course will include the following:

- ❖ Money Management
- ❖ Travel including Road awareness and how to catch public transport
- ❖ Health Balanced Diets, including cooking sessions
- ❖ Workshops around relationships, including stranger danger.
- ❖ A visit from the local PCSO and fire service
- ❖ Also a planned night out chosen by the young people themselves.
- ❖ Support and advice through the transition from school to college.

The course will also provide activities which will encourage confidence, self-esteem, the development on social skills and coping strategies.

The course is available for young people aged between 14 – 17 years.



To find out more information or to book onto the course please call:

0121 355 2707

We look forward to hearing from you!